

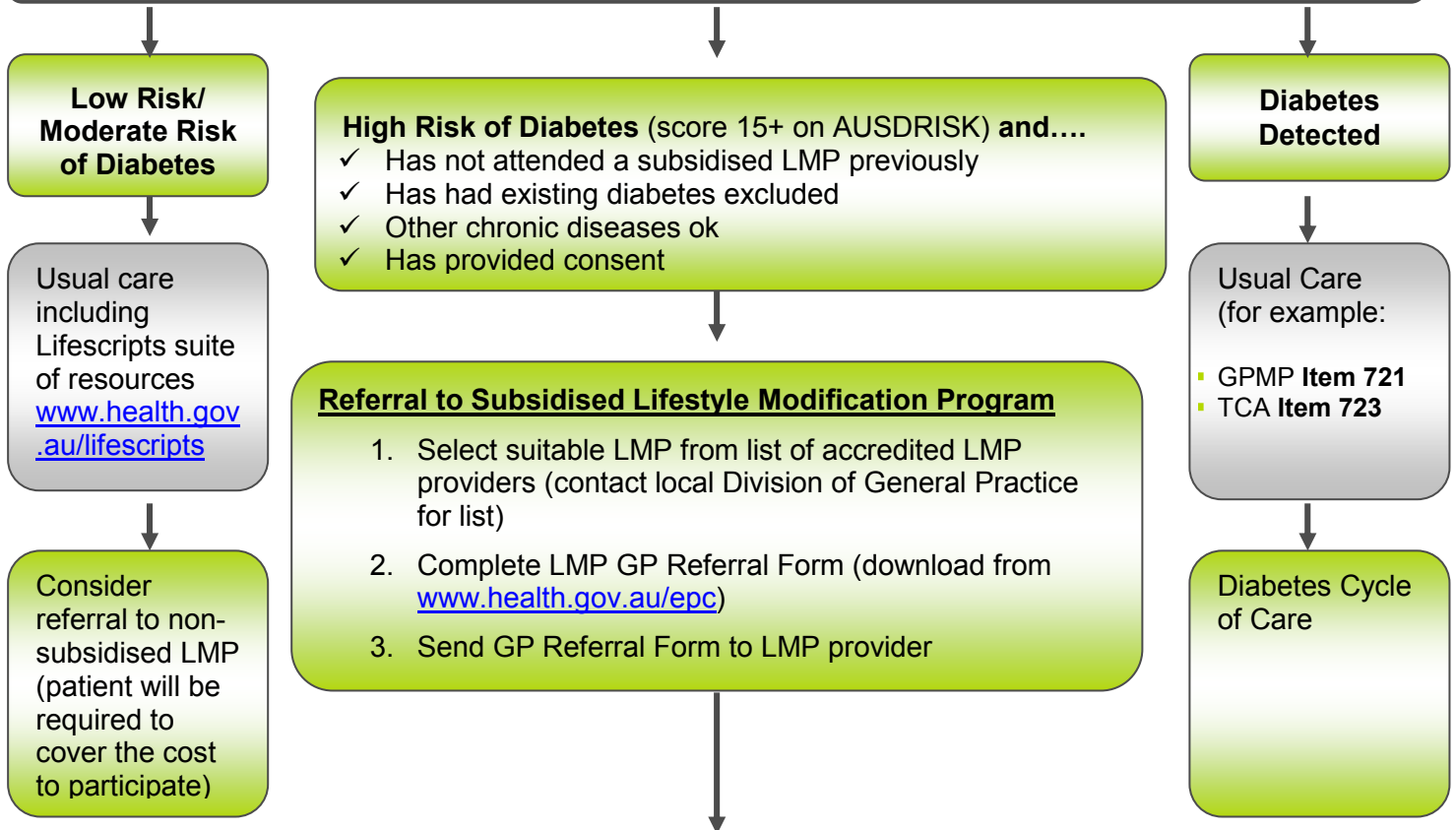
LIFESTYLE MODIFICATION PROGRAM REFERRAL PATHWAY

Medicare Item Claiming Referral Options

Item 710: 15-54 yrs Aboriginal and/or Torres Strait Islander Adult Health Check; **OR**
Item 717: 45-49 yrs Health Check or **Item 23** if item 717 already claimed within last 3 yrs; **OR**
Item 713: 40-49yrs Diabetes Risk Review [Only claimable if assessed as **High Risk** (15+ on AUSDRISK), no 717 claimed in last 3 years and **No diabetes detected**]

Utilise Australian Type 2 Diabetes Risk Assessment Tool – AUSDRISK

http://www.health.gov.au/internet/main/publishing.nsf/Content/Diabetes-Risk_Evaluation



Further information about subsidised Lifestyle Modification Program	
Referral	Referrals are valid for 60 days from the date the referral form was written
Cost to client	<ul style="list-style-type: none"> ▪ Concession card/health care card holders: free ▪ Non-concession card holders: \$50 co-payment
Program content (as per National Standards)	<ul style="list-style-type: none"> ▪ Risks of diabetes and their relationship to lifestyle risk factors ▪ Importance of regular diabetes screening ▪ Nutrition advice and education ▪ Physical activity advice ▪ Behavioural strategies to support the adoption and maintenance of lifestyle change ▪ Smoking cessation and alcohol reduction advice if required ▪ Information about community resources relevant to sustaining lifestyle change
Program mode of delivery	<ul style="list-style-type: none"> ▪ Face to face delivery ▪ Group sessions with groups no larger than 15 participants ▪ Minimum of 8 hours contact time ▪ Initial intensive phase of at least 4 months duration ▪ End program follow up session ta least 6 months after commencement of the program